

Joy of Pilates to hold 3rd anniversary party

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To celebrate its third anniversary on Jan. 8, Joy of Pilates will open its doors to the community for free chair massages, refreshments, music and door prizes.

Ella Eastham, owner of Joy of Pilates, is throwing the anniversary party to thank clients and neighbors who have helped her small business continue to grow since opening in 2008.

“I feel very honored to get to teach the most wonderful pilates enthusiasts in the world,” Eastham said in a press release.

The anniversary will be held from 2 p.m. to 5 p.m. at 209 Prospect St., and will feature wine tasting and music by [DJ KitchenSink](#), Nik Seifter, and the [Collin Ness Quartet](#).

Joy of Pilates is a locally and independently owned studio that offers drop-in and group classes, private sessions, wellness workshops and massage services.

For more information about Joy of Pilates, visit www.joyofpilates.net or call (360) 224-1433.