

Smoothie shop to set up next to Veg Express



Morgan and Adam Morvee, with their dog Dobbs, stand in the future home of Trail's End Smoothie. Morgan will begin selling smoothies alongside Veg Express at 700 Ohio St. Ryan Wynne | BBJ

by [Ryan Wynne](#)

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After a hard day of playing on the trails, Morgan Morvee and her friends craved one thing: smoothies.

“My friends and I, when we would get done biking or running, that’s what we would do; we would go get smoothies,” Morvee said.

Those end-of-trail smoothies became such a regular part of adventures that they eventually inspired an adventure of their own — Morvee and her husband, Adam, will open Trail's End Smoothie June 4 at 700 Ohio St., right next door to [Veg Express](#), in a 10-foot by 10-foot mobile kitchen.

Morvee will serve traditional fruit smoothies with all-natural ingredients — no man-made supplements. She will also serve smoothies with spinach blended into them.

Putting spinach in a smoothie is a great way to sneak more vegetables into our diets, Morvee said. In addition to working at T-Mobile, Morvee also volunteers for Food \$ense, a program that educates the community about healthy eating. Through her work with the organization, she saw children devour spinach smoothies and then ask for seconds.

“This is just kind of a nice way to get in another serving of veggies,” Morvee said.

Trail's End will also carry Erin Baker's Breakfast Cookies, espresso drinks and oatmeal. Customers will be able to drive through or walk up and make use of outdoor seating, which will be shared with Veg Express customers.

And, because mountain biking has always been part of Morvee's smoothie tradition, the business will also cater to those who prefer to bike up — there will be a bike station next to the kitchen with a tire pump and free water and sunscreen. All tips from the first month will also support bikers, and will be donated to the Whimps Mountain Bike Coalition of Bellingham in an effort to help them preserve Galbraith Mountain for current and future recreationalists.

“Mountain biking is a huge part of our lives and a huge part of why we live in Bellingham,” Morvee said. “Whatever ends up happening, it would just be nice to be able to give back to it.”

At the end of June, the Morvees will ask community members to help them choose a new tip recipient and will choose new causes to donate to each proceeding month. Community stewardship is important to the Morvees and so is environmental stewardship, Morvee said. That's why the two joined Sustainable Connections' Toward Zero Waste campaign and will be using as many biodegradable products as they can.

The Morvees will also serve as much local food as they can and will carry Tony's Coffee.

“The whole goal is to try to operate as sustainably as possible,” Adam said.

Trail's End Smoothies will be open every weekday, except for Tuesday, from 5:30 a.m. to 4 p.m. and weekends from 11 a.m. to 4 p.m. For more information, call (360) 927-6373 or visit www.trailsendsmoothies.com.