

# SEPTEMBER EAT LOCAL MONTH

Celebrating our local food community

## 1ST ANNUAL DAY ON THE BAY



### Whatcom County FARM TOUR

SEPT. 14<sup>TH</sup> 10am- 4pm

Map inside!

Grace Harbor Farm © FotoMataio Fotografia



sustainableconnections.org

### EAT LOCAL FIRST



# SEPTEMBER IS EAT LOCAL MONTH

## RESTAURANT WEEK

SEPTEMBER 1-8, 2024



Dine out at these restaurants all month long to enjoy September Eat Local Month specials featuring local ingredients sourced from Whatcom, Skagit, Island and San Juan counties!

- |                                 |                             |
|---------------------------------|-----------------------------|
| ASLAN BREWING                   | MALLARD ICE CREAM           |
| AVENUE BREAD                    | NEW MEXICO TAMALES CO.      |
| BANTAM                          | OLD TOWN CAFÉ               |
| BAR CICOTTI                     | OUR KITCHEN                 |
| BAY BREEZE RESTAURANT AND BAR   | PLANTAGE                    |
| BELLINGHAM CIDER CO.            | PURE BLISS DESSERTS         |
| BOUNDARY BAY BREWERY AND BISTRO | RAVEN BAKERY                |
| BREADFARM                       | ROME STORE                  |
| BRY'S FILIPINO                  | STORIA CUCINA               |
| CAFÉ BLUE                       | TAM TAM PIZZA               |
| CAMBER                          | THE ADMIRALTY LOUNGE        |
| COLOPHON CAFÉ                   | THE NEWSROOM PUB            |
| COMMUNITY FOOD COOP             | THE SELKIE SCOOP            |
| ELIZABETH STATION               | THE SKAGIT TABLE            |
| EVOLVE CHOCOLATE + CAFÉ         | THE VAULT WINE BAR + BISTRO |
| FENEX COFFEE                    | WAFFLES IN PARADISE         |
| GRAHAM'S RESTAURANT             |                             |
| GREAT BLUE HERON GRILL          |                             |
| HOLLY'S MEAT PIES               |                             |
| MAKEWORTH COFFEE ROASTERS       |                             |



### FIND THE FORK

Look for the fork on participating restaurant menus to find the local specials!

## FARM WEEK

SEPTEMBER 9-15, 2024



### SEPT 14TH

Whatcom County Farm Tour on Saturday, Sept. 14th from 10am-4pm (see pages 3-4 for map and details)

- |  |                               |
|--|-------------------------------|
| ALLUVIAL FARMS                         | HEDGEROW WILLOWS FLOCK & FARM |
| BELLINGHAM FLOWER FARM                 | LAGOM VINEYARDS               |
| CASCADIA MUSHROOMS                     | LYDIA'S FLOCK                 |
| CLOUD MOUNTAIN FARM CENTER             | OAK MEADOWS FARM              |
| CTK FOOD SHARE AND FARM                | SMALL ACRES                   |
| FAIR COW'S PATH FARM                   | WEGROW GARDEN                 |
| FARMWILD                               | WIDNOR FARMS                  |
| FIVE ELEMENTS HARVEST                  |                               |
| GRACE HARBOR FARMS / STEENSMA CREAMERY |                               |



### MORE ADVENTURES!

Find more local farms and agritourism adventures at [farmtotabletrails.org](http://farmtotabletrails.org) and [eatlocalfirst.org](http://eatlocalfirst.org)



### WIN BIG!

Local giveaways all month long! To learn more and enter to win visit [sustainableconnections.org/eat-local-month](http://sustainableconnections.org/eat-local-month)

## MARKET WEEK

SEPTEMBER 16-22, 2024



You can find fresh local produce, meats, fish, cheese, and specialty items at many of our independent markets and grocers. Be sure to support the local offerings at these businesses year-round!

- |  |   |
|--|---|
| <b>Farmers and Seafood Markets:</b>  | <b>Specialty Food Shops:</b>  |
| ANACORTES FARMERS MARKET<br>Saturdays 9am-2pm  | COMMUNITY FOOD CO-OP  |
| BELLINGHAM DOCKSIDE MARKET<br>1st and 3rd Saturdays 10am-2pm   | LUMMI SEAFOOD MARKET  |
| BELLINGHAM FARMERS MARKET<br>Saturdays 10am-2pm  | ROME STORE  |
| EN VALLEY FARMERS MARKET<br>Sundays: 10am-3pm  | THE CHEESE SHOP AT APPEL FARM   |
| LYNDEN FARMERS MARKET<br>Saturdays 10am-2pm  | THE GREEN BARN  |
| MOUNT VERNON FARMERS MARKET<br>Saturdays 9am-2pm   | TWIN SISTERS CREAMERY   |
| THE BARKLEY MARKET<br>July-August  | Visit these area farmers markets and specialty shops, and search <a href="http://eatlocalfirst.org">eatlocalfirst.org</a> to find additional markets, farmstands, food co-ops and grocers near you. |
| TWIN SISTERS FARMERS MARKETS<br>Birchwood: Sundays 9am-2pm<br>Deming: Saturdays 9am-3pm<br>Kendall: Saturdays 10am-2pm<br>The Portal: Wednesdays 4pm-7pm |   |

### LIVE DEMOS!

Come see us at the Bellingham Farmers Market on **August 31st** and **September 21st** for demos and information about Eat Local Month!

### DID YOU KNOW?

The Governor has officially declared September as Eat Local Month in Washington State! Check out [eatlocalfirst.org/eat-local-month/](http://eatlocalfirst.org/eat-local-month/) for more info about activities and celebrations around the state.

## SEAFOOD WEEK

SEPTEMBER 23-30, 2024



SEPT 28TH  
10AM - 4PM

(see pages 5-6 for map and details)



Come learn about Bellingham's rich maritime culture, fishing industry, and business community on Bellingham Bay. This free\*, self-guided event allows folks to stop at locations along the Bay to meet fishermen, tour boats, visit the Marine Life Center, learn to crab, see historical pictures, and so much more! Day on the Bay is a joint effort of SeaFeast, Working Waterfront Coalition, and Sustainable Connections' Eat Local Month. Come explore, engage, and celebrate with us! \*Select paid tours at Bellingham Cold Storage and Dragonfly Kayaks.



SEAFOOD • MUSIC • ARTS & CULTURE

Saturday & Sunday, Oct 5 & 6



# 17<sup>TH</sup> ANNUAL WHATCOM COUNTY FARM TOUR

SEPTEMBER 14<sup>TH</sup> | 10AM - 4PM | FREE\*

SUGGESTED DONATION - \$10 A PERSON OR \$20 FOR YOUR GROUP

WHATCOM COUNTY  
FARM TOUR



LEARN MORE  
and register for the  
Farm Tour here!

SELF GUIDED: MAKE YOUR OWN LOOP! • FAMILY-FRIENDLY ACTIVITIES • EXPERIENCE OUR LOCAL FARMS



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## REFRESHMENT STOPS

Feeling hungry while you're out on the Farm Tour? Check out these farm stops that have food truck partners serving up local fare:

- 4 Basil (Common Threads' food truck) at Cloud Mountain Farm Center
- 3 Tam Tam Pizza at Cascadia Mushrooms
- 6 Mobile Mouth Hole at Fair Cow's Path Farm
- 16 Skagit Table at Widnor Farms
- 10 Revival Coffee at Hedgerow Willows Farm

Find us on the map!

## FARM TOUR STOPS

- 1 **Alluvial Farms**  
6825 Goodwin Rd, Everson | 206-992-7034 | alluvialfarms.com  
Visit pigs and a pig farmer in the field! Learn why pastured pork grown at Alluvial Farms is the most delicious thing you have ever eaten (if you eat pork). Visit with our youth staff from Mt. Baker High School and learn how employment on local family farms supports local youth. See how Alluvial Farms upcycles pork livers into a pet treats and pork fat into a high value, extremely effective skin care product, Oinkment. Shop all our products in our farm store!
- 2 **Bellingham Flower Farm**  
5709 Putnam Rd, Everson | bellinghamflowerfarm.com  
Come see the flower farm! Bellingham Flower Farm recently expanded to 10 acres at Nugents Corner. Once an organic vegetable farm, this place is in the process of becoming a blooming oasis. Come learn how to harvest dahlia seeds to create your own varieties and see the developing flower farm in person.
- 3 **Cascadia Mushrooms**  
4771 Aldrich Rd, Bellingham | cascadiamushrooms.com  
Come to the mushroom farm for a sneak peek into the world of mushroom cultivation! See all phases of the growing process in our year-round facility, try some of our delicious mushrooms cooked on Tam Tam Pizza, and shop our pop-up farm stand for mushroom growing kits, fresh organic mushrooms, & other Cascadia products!
- 4 **Cloud Mountain Farm Center**  
6906 Goodwin Rd, Everson | 360-966-5859 | cloudmountainfarmcenter.org  
Come visit Cloud Mountain Farm Center, a non-profit farm working to build a resilient and diversified food system through organic fruit production, events and workshops, a nursery, and community produce aggregation and processing space. Wander our organic orchards and vineyards on a self-guided tour, or join a farmer-led tour at 11am and 1pm. Our nursery will be featuring a fruit tree sale all day, and Common Threads' food truck, Basil, will be on-site selling delicious local food too!
- 5 **CTK Food Share and Farm**  
6069 Hannegan Rd, Bellingham | ctkserve.org/serve/farm-team  
Come explore the CTK Foodshare and Farm which exists to support the local food banks and food systems! You heard that right, all 98,000 lbs. of food we grew last year was given away to 26 different Whatcom County organizations. Come check out our "Tomato Jungle" greenhouse, our almost 4 acres full of vegetables, and enjoy our beautiful view of Mt. Baker. We will have a project for the kids, hotdogs, veggie cups, and chips, and tours done by our volunteers! Hope to see you there!
- 6 **Fair Cow's Path Farm**  
4186 Loomis Trail Rd, Blaine | 360-920-6679 | faircowspathfarm.com  
Stop on in and see what happens around here! You'll have the opportunity to say hi to some of our animals including English Lop bunnies, cows, goats, geese, chickens, and our emus. Learn about our first-generation beef cattle operation, purchase our grass-fed beef and tallow-based body care products AND, if you're hungry, grab a bite to eat from the Mobile Mouth Hole, a local food truck that'll be featuring beef from our farm! Stop by and say hello!
- 7 **FarmWild**  
1779 E Smith Rd, Bellingham | Farmwild.love  
Visit FarmWild for a tour of the largest aquaponic and indoor vertical farm in NW Washington! Learn about the environmental benefits of aquaponics and how our eco-friendly, renewable agriculture practices feed the community in a healthy and sustainable way.
- 8 **Five Elements Harvest**  
9498 Stein Rd, Custer | 360-550-6384 | fiveelementsharvest.com  
Come visit Whatcom County's first certified Net-Zero farm and the United States' northernmost Net Zero certified residence. We are a low-carbon, climate resilient, and sustainable organic standards fruit and vegetable farm. Check out the biochar (from WA state's first permitted farm biochar kiln), tour the greenhouses, and learn what it means to be a regenerative farm!

- 9 **Grace Harbor Farms / Steensma Creamery**  
2347 Birch Bay-Lynden Rd, Custer | 360.366.4151 | graceharborfarms.com | steensmacreamery.com  
Stop by Grace Harbor Farms to learn how small farms and creameries are working together to bring you the best local products possible. Farmers from Steensma Creamery and Grace Harbor Farm will be on-site to share their stories. Come pet the goats, tour the creamery, and visit the retail store to sample and purchase your favorite items.
- 10 **Hedgerow Willows Flock & Farm**  
1424 W. Axton Rd, Ferndale | 360-223-5467 | hedgerowwillows.com  
Join us at Hedgerow Willows Flock & Farm and linger over a cup of coffee from Revival Coffee Co. while you take a self-guided tour to the willows and meet our friendly Finnsheep on the way. These amazing animals provide milk, meat, and wool, while revitalizing the land. Watch as local artisans turn willow whips into beautiful baskets and our shearer will show off her skills with demos at 11am and 1pm.
- 11 **Lagom Vineyards**  
5535 Hillard Rd, Everson | 360-393-3247 | lagomvineyards.com  
Check out Lagom Vineyards to follow grapes on a field to bottle journey. Learn about the varieties grown on the farm, do a brix test in the field to determine the sugar content of the grapes, and check out the fermenting and bottling room. You'll be able to sample the wines and purchase your favorites (21+). Tours are open to the whole family, samples and wine purchases available to those 21 and over.
- 12 **Lydia's Flock**  
4269 Y Rd, Bellingham | 320-733-4127 | lydiasflock.com  
Regenerative agriculture in action at Lydia's Flock Icelandic and Shetland Sheep, where our flock of 110 sheep improve and sustain the land through managed intensive grazing practices. Great Pyrenees livestock guardian dogs live with the flock full-time as a form of non-lethal predator protection in line with our values of raising livestock with minimal disturbance to the surrounding ecosystem. Learn about wool's role in the fight against climate change and how sheep are a versatile choice for small farms. Our farm store will be open and well-stocked with lamb cuts, raw and finished wool products, naturally tanned sheepskins, and skulls.
- 13 **Oak Meadows Farm**  
6285 Noble Oaks Ln, Ferndale | 360-384-6005 | oakmeadowsfarmllc.com  
Drop by Oak Meadows Farm to see what sustainable agriculture is all about! We'll take you on a farm tour to see our quail, chickens, and the most adorable pigs you've ever seen! We will end the tour in our farm store where you can check out our selection of meats (pork, beef, and chicken) and eggs (chicken and quail), all of which are corn and soy free and non-GMO. The animals can't wait to see you and neither can we!
- 14 **Small Acres**  
3811 Hatley Rd, Everson | 360-543-8081 | smallacresfarm.com  
Visit Small Acres for: a renewable energy-powered farm, guided tours every half-hour with a Luffa harvesting and washing demonstration, a farm stand with baked goods, coffee, fresh fruit, veggies, kimchi, loofah sponges, and more!
- 15 **WeGrow Garden**  
1815 Ellis Street, Bellingham | 360-778-5811 | extension.wsu.edu/whatcom/hg/we-grow/  
The WeGrow Garden is an urban garden in the heart of Bellingham comprised of 32 raised beds, fruit trees, composting system, and native and perennial plantings that support native pollinators and enhance green space in the urban core of Bellingham. In its 9th year, the garden is a successful collaboration between the WSU Whatcom County Extension, local schools, youth organizations, City of Bellingham Parks Dept., nonprofits, local businesses, and the Bellingham Food Bank. Come learn more home composting from 10am-12pm.
- 16 **Widnor Farms**  
1858 W Badger Rd, Custer | 360-941-0935 | shopwidnorfarms.com  
Visit family-owned Widnor Farms and meet the animals. Pigs and cows and chickens, oh my! Then, check out their new USDA processing facility—where they can process chickens right on the farm. It doesn't get any fresher than that! Finally, stop by the farmstand to pick up your favorite meats and farm products. Don't forget your cooler.



**Alaska Sea Adventures** **SAWTOOTH DOCK** **1**  
 Squalicum Harbor-Gate 3 Dock (near Nicki's Bella Marina) | 888-772-8588 | [alaskaseaadventures.com](http://alaskaseaadventures.com)  
 Immerse yourself in the flavors of the Pacific Northwest aboard an exclusive cruising yacht! Picture yourself gliding through the stunning waters of Southeast Alaska and the San Juan Islands. Experience the unparalleled luxury of a private yacht while touring our boat. Sample the delicate flavors of sustainably sourced black cod, grilled to perfection. Learn about the importance of eco-friendly fishing practices and how they contribute to the region's bounty from local fisherman and owner, Harley Ethelbah.

**LFS Marine and Outdoor at Sawtooth Dock**  
 Retail Store: 851 Coho Way, Bellingham | 360-734-3336  
 Sawtooth Dock Demo: 2611 S. Harbor Loop | [go2marine.com](http://go2marine.com)  
 Come on down to Sawtooth Dock to meet the experts at LFS Marine and Outdoor. They will offer a net-mending station with 15-minute educational sessions starting at the top of each hour. You can also check out the latest crabbing equipment and grab a free beverage while supplies last! Meanwhile, back at the store they will feature a Day on the Bay sale for you to stock up on all your favorite gear.

**Walk the Docks and Meet Your Fishermen** **ZUANICH POINT PARK** **2**  
 2600 N Harbor Loop Drive, Bellingham  
 Join local commercial fishermen Pete and Deb Granger at the Fishermen's Memorial Statue at Zuanich Point for an interpretive walk along the bay and docks. Learn about the species harvested in local waters, fishing methods like purse seining and long-lining, marine trade zones, and vessel types. Then continue to the docks to meet some local fishing families and see their boats! Tours last about 45 minutes and start at 10:30am, 11:30am, 1:30pm, and 2:30pm.

**US Coast Guard**  
 Come on down to Zuanich Point Park to meet your local US Coast Guard crew and check out one of their vessels used in Bellingham Bay to patrol the local waters and keep us safe! Get some boat safety tips and learn more about the US Coast Guard's role in our maritime community.

**Bellingham Youth Sailing**  
[Byc.org/youth](http://Byc.org/youth)  
 Come meet some local youth sailors at their dock on the SE side of Zuanich Point Park. They'll offer rigging demos and show you their program sail boats, boat dollies, and plans for a new boat ramp. The proposed boat ramp would provide a safe entry point for small dinghies, kayaks, and paddle boards and would be open to the public!

**Marine Life Center** **MARINE LIFE CENTER** **3**  
 1801 Roeder Ave. Suite 100, Bellingham | 360-671-2431  
[portofbelllingham.com/508/Marine-Life-Center](http://portofbelllingham.com/508/Marine-Life-Center)  
 Discover the diversity of creatures found in the waters of the Salish Sea at the Marine Life Center. Their aquariums are beautifully displayed and full of amazing creatures found in this unique marine environment. The friendly staff will answer your questions and point out hidden wonders. Join them for animal feedings at 12:00pm and 2:00pm.

**OUR SPONSORS**

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**DAYONTHEBAY.ORG**

**Seattle Marine Supply** **SEATTLE MARINE** **4**  
 1110 C St., Bellingham | 360-734-2400 | [Seamar.com](http://Seamar.com)  
 Come visit Seattle Marine & Fishing Supply's Bellingham location to tour the store and explore their large inventory of marine supplies! They will have educational opportunities throughout the day including knot tying demos and PFD safety, as well as special deals and promotions on their merchandise. Gabriel's Art Kids will be on-site with projects for kiddos too (see below)!

**Gabriel's Art Kids**  
[Gabrielsartkids.com](http://Gabrielsartkids.com)  
 Join Gabriel's Art Kids in the Seattle Marine Supply parking lot for a vibrant community art session centered around environmental activism. Express your creativity with chalk paint on a temporary mural and use watercolors to paint a shell—then wash it and return it to the sea! This is a fantastic opportunity for friends and family to collaborate and use art as a powerful tool for raising environmental awareness.

**Water Quality on Bellingham Bay** **TAYLOR DOCK** **5**  
 809 Taylor Ave, Bellingham | [re-sources.org](http://re-sources.org)  
 Join local environmental nonprofit RE Sources near the Taylor Dock Pavilion to learn what its monitoring program is finding out about the quality of the water in Bellingham Bay. Learn how to test water quality and get more familiar with the legacy contamination in and around the Bay and how it is being cleaned up. Discover different ways that you can be involved in making positive impacts in our local lands and waters.

**Village Books - Local Authors** **FAIRHAVEN** **6**  
 1200 11th St, Bellingham | 360-671-2626  
[villagebooks.com](http://villagebooks.com)  
 Join Village Books and local authors to celebrate Day on the Bay! Authors will be on-site tabling (during the times listed below) to sign books, answer questions, and discuss their books. Books will be available for purchase too! Drop by and learn more about boatbuilding in Whatcom County, cooking with seafood, and the inner workings of boats!

**10am-12pm: Todd Warger**, Shipyards: Short Histories of Whatcom County's Boatbuilders & Shipyards, With Remembrances From Those Who Worked Them  
**12pm-2pm: Ann Kaiser**, A Seafood Cookbook for Divers  
**2pm-4pm: Tom Crestodina**, Working Boats: An Inside Look at Ten Amazing Watercraft & Working Boats Coloring Book.

**Giant Paddleboard Rides** **COMMUNITY BOATING CENTER** **7**  
 555 Harris Ave., Bellingham | 360-714-8891  
 Head on down to the Community Boating Center (CBC) and check out their boatyard and beautiful new building! Inside their new classroom, you'll find local fishermen giving talks on everything from crabbing to diving for sea cucumbers. In the barn, you'll find a short documentary screening of Why Does This Sea Glow in the Dark? The CBC will be open for boat rentals from 10am-6:30pm. The CBC staff will offer you a spin on their giant Stand-Up Paddleboard. Giant paddleboard adventures will be free and first come, first served!

**Meet Your Fishermen**  
 A revolving group of local fishermen will be on-site at the CBC to talk about their trades—from crabbing to salmon fishing to shrimping. Come learn more about what it takes to harvest seafood and get it from the boat to your table.

**US Coast Guard**  
 While you are at the CBC be sure to pop over to the US Coast Guard dock to meet the crew and tour their vessel! Get some boat safety tips and learn more about the US Coast Guard's role in keeping our waters safe from Seattle to Alaska.

**1ST ANNUAL DAY ON THE BAY**

**SEPTEMBER 28TH 10AM - 4PM FREE\***

\*Suggested donation \$10 per person or \$20 per group; select tours require paid ticket

**SAWTOOTH DOCK** **1** **3** **SEATTLE MARINE** **4** **WAYPOINT PARK**

**ZUANICH POINT PARK** **2** **BELLINGHAM**

**CRUISE TERMINAL** **8** **TAYLOR DOCK** **5** **COMMUNITY BOATING CENTER** **7** **FAIRHAVEN** **6**

**OUR SPONSORS**  
 Bellingham Seafeast FROM SEA TO ME 2024 | WORKING WATERFRONT COALITION OF WHATCOM COUNTY | Sustainable Connections

**SPECIAL TICKETED EVENTS**

**\$25 Bellingham Cold Storage Facility Tour**  
 Visit the largest portside cold storage on the West Coast.  
 BCS provides a crucial step in getting local catches into our fridges. They provide public, refrigerated warehousing for their worldwide customer base. Most of the catches in the West Coast and Alaska regions are processed and stored right here in Bellingham!  
 Tours will be offered at 10am, 12pm, and 2pm  
[Get Tickets at dayonthebay.org](http://Get Tickets at dayonthebay.org)

**\$75 Dragonfly Kayak Tours with Good Time Girls**  
 555 Harris Ave, Bellingham | 360-453-7036  
[dragonflykayaktours.com](http://dragonflykayaktours.com)  
 Join Dragonfly Kayak Tours for a 2-hour guided paddle for a Day on the Bay Special Rate of just \$75! Enjoy the view from the water and learn more about local maritime history from the Good Time Girls along the way. Kayaks and gear will be provided at the Fairhaven Boat Launch near the Community Boating Center. Tours leave at 10am, 12:30pm, and 3pm. Advanced purchase required. Trips can accommodate 18 people each, so don't delay, sign up today!  
[Get Tickets at dayonthebay.org](http://Get Tickets at dayonthebay.org)  
 Please note this event is weather dependent and may be cancelled if winds exceed safe paddling speed.

**LEARN MORE HERE!**



# TASTE, LEARN EXPLORE

ON A CULINARY ADVENTURE!



## FARM TO TABLE TRAILS

Explore Bellingham and beyond with  
9 farm to table trails featuring 57 destinations.  
Learn more at [sustainableconnections.org](http://sustainableconnections.org)

## EXPLORE MORE OF WASHINGTON'S LOCAL FOOD SCENE

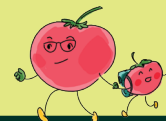
WASHINGTON  
FOOD  
AND FARM  
FINDER



VISIT THE WA FOOD & FARM FINDER TO FIND LOCAL  
FARMS AND FOOD EXPERIENCES IN  
EVERY REGION OF THE STATE.



[EATLOCALFIRST.ORG](http://EATLOCALFIRST.ORG)



Community  
FOOD CO OP

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community-owned market.

[communityfood.coop](http://communityfood.coop)

**FotoMataio**  
f o t o g r a f i a



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AgWest   
FARM CREDIT

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