



aslanbrewing  
Aslan Brewing Com...

Following

aslanbrewing Eat Local Month Special -  
Grilled Salmon Tacos

It's the tail end of Restaurant Week and Aslan is serving up fresh Coho from Nerka Salmon. The tacos are garnished with grape tomatoes and golden-chioggia beets from @joesgardens. Atop the salmon is a jalapeño foam made from jalapeños from @cloudmountainfarmcenter. Come snag this limited dish while you can!  
#aslanbrewing #eatlocalfirst #cohosalmon  
taylorfickness @colemorgan0



233 likes

SEPTEMBER 29

Add a comment...





brandywinekitchen  
Brandywine Kitchen

Following

brandywinekitchen This weeks special in honor of #eatlocalmonth #restaurantweek . Italian sausage from @skagit\_river\_ranch, arugula from @cedarvillefarm, sweet peppers and onions from @cloudmountainfarmcenter, feta from Golden Glen Creamery & pepper-sage aioli.

eatlocalfirst Yum!! You make our taste buds and our hearts do cartwheels! ☐☐☐ We can't wait to try it!

leading\_restaurants Wow 🙌😊



32 likes

SEPTEMBER 25

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chuckanutbrewery

Following

chuckanutbrewery You can't beat these beets! Slanted Sun Farm's beets are on the menu this weekend, along with prosciutto, Holmquist Hazelnuts, Samish Bay mozzarella, basil oil, aged sherry vinegar & Wanderwood Farm micros! 😊

#chuckanutbrewery #beets #farmtotable #eatlocal #eatlocalmonth #salad



79 likes

SEPTEMBER 9

Add a comment...





chuckanutbrewery  
Chuckanut Brewery ...

Following

chuckanutbrewery New specials today!  
Sockeye Salmon & Quinoa  
@holmquist.hazelnut.orchards hazelnut  
crusted @lummiislandwild sockeye, with a  
@cascadiamushrooms quinoa risotto, & a  
@wildrose.farm cherry tomato relish, Carmen  
sweet pepper coulis  
Garlic Green Beans  
lots of @mariposafarms green beans roasted  
in the @woodstoneovens, garlic oil, cotija,  
lime aoli, scallions

#chuckanutbrewery #eatlocal #thinklocal  
#bhambeer #farmtotable #freshcatch



56 likes

SEPTEMBER 30

Add a comment...





ciaothyme  
Ciao Thyme

Following

ciaothyme Who would have thought that on our 5th cafe birthday yesterday that we would have made such a stir on Instagram when we served our friend and customer @misha this lovely @eatlocalfirst Eat local week Salmon special... thanks to everyone for joining us yesterday to celebrate and we look forward to another 5 years!

•  
#CiaoThyme #Bellingham #DTBham #PNW #Bham #BellinghamWA #lunch #lunchtime #Seattle #Seattlefood #SeattleFoodie #SeattleEats #YVREats #vancouverfoodie #InTheKitchen #photooftheday #loveit #instadaily #picoftheday #igers\_seattle #igersvancouver #food #foodie #foodgasm #foodporn #bestthingever #hungry #instafood #truecooks #yougottaeatthis

manxie809 You seem like a good reason to come down to Bellingham for another visit



164 likes

SEPTEMBER 28

Add a comment...



Chimney. They've  
hers, dropped an  
big enough splash  
outside of the

season to roll around, and or fall  
to start up so we can start playing  
some shows again," Dain said.

"It's a good time to be in

*Chimney, check out their Facebook  
page. Take a listen to their new  
Pizza EP at chimney-music.  
bandcamp.com.*

UTH  
OND



ALL  
DAY  
LONG  
(charges still apply)

AY  
BO

Every Day



**COSMOS**  
BISTRO

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**Come try our September EAT LOCAL specials**

Tue & Wed \$2 OFF BURGER w/ beverage purchase and valid student ID

Beer, wine, signature craft libations

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cosmosbistrobham  
Cosmos Bistro

Following

cosmosbistrobham We're in What's Up!  
Welcome back students!



31 likes

SEPTEMBER 23

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cosmosbistrobham

Following

cosmosbistrobham It's Eat Local Month! Go to any of the participating local businesses to receive a stamp on your #EatLocalFirst passport. Cosmos is dedicated to farm fresh, locally sourced ingredients whenever possible and we are so excited to participate! Here's a look at some of the many, many local ingredients we use. More info can be found at [eatlocalfirst.com](http://eatlocalfirst.com)

julesladams EVERYDAY IS Local for me!!!

cosmosbistrobham @julesladams yes!!



28 likes

SEPTEMBER 7

Add a comment...





cosmosbistrobham

Following

cosmosbistrobham It's Oktoberfest! We have beer, sausages, beer, sauerkraut, beer, mustards, beer, potato in many forms...did I mention beer?!



21 likes

SEPTEMBER 27

Add a comment...







aplace4food

Following

aplace4food Moroccan chicken, stewed chickpeas, tomato jam, salsa verde, preserved lemon, pickled pardon peppers. #lynden #lifeofachef #knowyourfarmer #eatlocalmonth #eatlocal #thinklocalfirst @oakmeadowsfarm @slantededsunfarm @terraverdefarm @cloudmountainfarmcenter @eatlocalfirst



30 likes

SEPTEMBER 29

Add a comment...





aplace4food

Following

aplace4food Great thing about sourcing local our #eatlocal special changes by the minute! Thanks for everyone who enjoyed the rav, #soldout. Working on a special morrocan chicken inspired dish for tonight stay tuned ☐ #lynden #knowyourfarmer #lifeofachef #eatlocalmonth

eatlocalfirst Woohoo!!! That's awesome!!

polymathglobal ☐

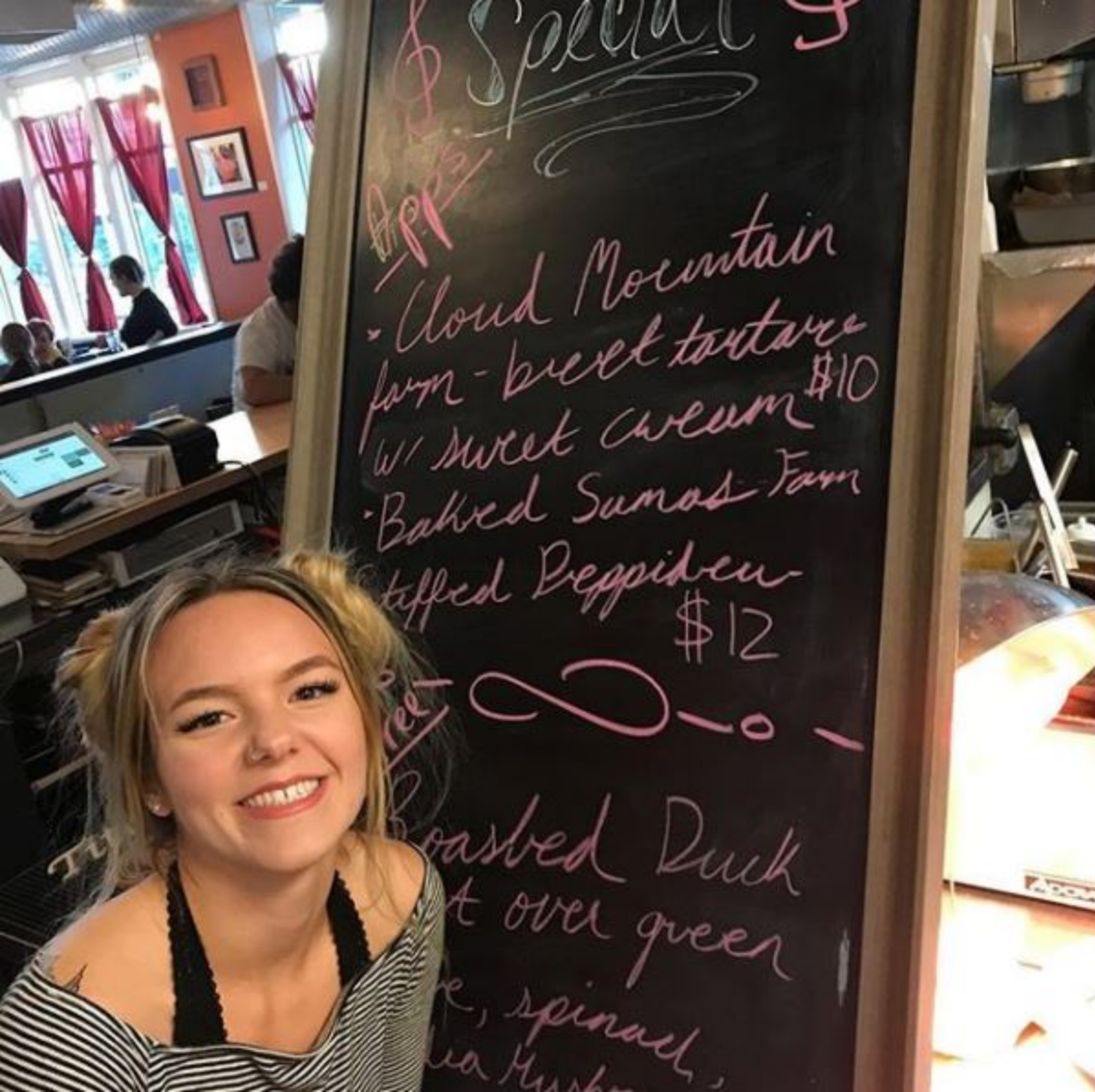


15 likes

SEPTEMBER 29

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eatrestaurantandbar

Following

eatrestaurantandbar #bellingham  
#whatcomcounty #farmtotable #chef#food



31 likes

SEPTEMBER 22

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ferndalefarmsteadcheese  
Chuckanut Brewery & ...

Follow

ferndalefarmsteadcheese Make sure you stop by @chuckanutbrewery and try their pizza of the month featuring our mozzarella! 🍷 #eatlocal

ferndalefarmsteadcheese #bellinghammeats #pizza #mozzarella #bham #foodie #chuckanutbrewery #farmtotable #seedtocheese #supportlocal #cheesemakers #ferndalefarmstead #whatcomcounty



55 likes

4 DAYS AGO

Add a comment...





ferndalefarmsteadcheese

Follow

ferndalefarmsteadcheese Bellingham its restaurant week!!! Make sure you get your passport stamped for a chance at winning one of the 5 awesome Local lover prize packs valued over \$100 each that @eatlocalfirst is doing!

@aslanbrewing created "Mozz-Zook" fries using only local ingredients:

zucchini from @flynnfarms , mozzarella from @ferndalefarmsteadcheese , batter made with Aslan's own Dawn Patrol Pacific Ale, and house-made marinara from @joesgardens tomatoes! Make sure you tag us if you participate in #restaurantweek and eat a dish with our cheese! ❤️

ferndalefarmsteadcheese #eatlocalmonth #ferndalefarmstead #seedtocheese



65 likes

SEPTEMBER 26

Add a comment...





ferndalefarmsteadcheese  
Pizza'zza

Follow

ferndalefarmsteadcheese @ms\_maress tried @bellinghampizza latest creation for #restaurantweek! "Alles Deustch" pizza features beer batter crust made with @fairhaven\_stonethrowbrewery IPA, a chive crème sauce made with organic washington grown chives, @jackmountainmeats Landjäger sausage, shaved yukon gold potatoes, brussels sprouts, Pizza'zza's housemade sauerkraut, and of course topped off with our pizza cheese! 🍷

ferndalefarmsteadcheese #stonethrowbrewery #pizzazza #pizza #dinnertime #eatlocal #supportlocal #seedtocheese #whatcomcounty #bellingham #bhameats #pnwfood #foodielife #pizzacheese #bellinghome #instafood

ms\_maress Thank You, ✕  
@ferndalefarmsteadcheese for being such



65 likes

SEPTEMBER 27

Add a comment...





lovittrestaurant

Following

lovittrestaurant Sustainable Connections sponsors Eat Local month in September with this week featuring restaurants. Come in to Lovitt for a special 5 course tasting menu for \$40 featuring all local producers of course. Bring your passport to be stamped and enter a drawing to win great local prizes. #eatlocal #drinklocal #realfood #slowfood #slowfood #sustainableconnections #eatlocalmonth



28 likes

SEPTEMBER 26

Add a comment...





northh2o

Following

northh2o It's Eat Local month! For restaurant week, we're featuring Local Lummi Island Wild pan seared salmon with butternut squash risotto, Cascadia Mushrooms, goat cheese, herbs, and shaved fennel salad. Come get your passport stamped! @eatlocalfirst #EatLocalMonth #cascdiamushrooms #northh2o

chefchristyfox #wanderwoodfarms grew the beautiful butternut squash!

psfhc Most delicious.



21 likes

SEPTEMBER 26

Add a comment...







**pureblissdesserts**  
Pure Bliss Desserts

Following

pureblissdesserts Our second item created for Eat Local Restaurant Week is, Hazelnut Chocolate Mousse! It just melts in your mouth! Made from local @edaleendairy dairy & Lynden's Holmquist Orchards hazelnuts. #eatlocalfirst

pureblissdesserts #pureblissdesserts #eatlocal #bellingham #restaurantweek #sustainableconnections

edaleendairy Yum!

karisaforthewin Is it gluten free? ☐

pureblissdesserts @karisaforthewin it sure is!  
flawed\_rose 🙌👏



128 likes

SEPTEMBER 26

Add a comment...





pureblissdesserts

Following

pureblissdesserts Eat local restaurant week is here!!! Come enjoy a slice of our Pistachio Lime Zucchini Loaf topped with Lime Cheese Frosting!

Created using local Day Creek Organic eggs, @edaleendairy's dairy & @joesgardens Zucchini's!  
#eatlocalfirst

pureblissdesserts #pureblissdesserts #bakery #bellingham #dtbham #eatlocal #pnw #loaf itsallysonfarrar @caityhorne need this edaleendairy That looks like perfection!



119 likes

SEPTEMBER 26

Add a comment...





## SPECIALS

### SOCKEYE SALMON & QUINOA

holmquist hazelnut crusted lummi island wild sockeye, cascadia mushroom quinoa risotto, wild rose farm cherry tomato relish, carmen sweet pepper coulis \$21

### NECTARINE & MOZZARELLA SALAD

wild rose farm salanova lettuce, martin family orchard nectarines, fresh mozzarella, holmquist hazelnuts, slightly spicy pickled pepper vinaigrette \$7

### GARLIC GREEN BEANS

lots of mariposa farm's green beans roasted in the woodstone, garlic oil, cotija, lime aioli, scallions \$6

### TAYLOR SHELLFISH CLAMS

jack mountain meats dry-cured pepperoni, garlic, onion, chili flake, wild rose farm roasted red peppers & cherry tomatoes, lemon, avenue toast \$15



wildrose.farm  
Chuckanut Brewery & ...

Follow

wildrose.farm I can't lie.. It's pretty cool to see your veg on a menu. Even cooler when it's your favorite place in the world!!!  
@chuckanutbrewery we love you!  
#farmtotable #eatlocalfirst

kirstenzoba I had the catch and the tomato relish was AWESOME!

reebecky\_happee So amazing!! Congrats Meghan 🍷

chuckanutbrewery 🍷🍷🍷

trashyradical Congrats!

radiclerootsfarm This is awesome, 3 of the 4 specials!

katypayne4 That's awesome!!! Congrats!



64 likes

3 DAYS AGO

Add a comment...

